

The book was found

# Lean In For Graduates



"BECAUSE THE WORLD NEEDS YOU TO CHANGE IT"

## LEAN IN FOR GRADUATES

SHERYL SANDBERG

---

WITH NEW CHAPTERS BY EXPERTS, INCLUDING  
*FIND YOUR FIRST JOB, NEGOTIATE YOUR SALARY,  
AND OWN WHO YOU ARE*

---

READ BY ELISA DONOVAN  
AN UNABRIDGED PRODUCTION



## Synopsis

Expanded and updated exclusively for graduates just entering the workforce, this extraordinary edition of *Lean In* includes a letter to graduates from Sheryl Sandberg and six additional chapters from experts offering advice on finding and getting the most out of a first job; writing; best interviewing practices; negotiating your salary; listening to your inner voice; owning who you are; and leaning in for millennial men. In 2013, Sheryl Sandberg's *Lean In* became a massive cultural phenomenon and its title became an instant catchphrase for empowering women. The book soared to the top of best seller lists both nationally and internationally, igniting global conversations about women and ambition. Sandberg packed theaters, dominated op-ed pages, appeared on every major television show and on the cover of *Time* magazine, and sparked ferocious debate about women and leadership. Now, this enhanced edition provides the entire text of the original book updated with more recent statistics and features a passionate letter from Sandberg encouraging graduates to find and commit to work they love. A combination of inspiration and practical advice, this new edition will speak directly to graduates and, like the original, will change lives.

**New Material for the Graduate Edition:**

- "A Letter to Graduates" from Sheryl Sandberg
- "Find Your First Job", by Mindy Levy (Levy has more than 20 years of experience in all phases of organizational management and holds degrees from Wharton and Penn)
- "Negotiate Your Salary", by Kim Keating (Keating is the founder and managing director of Keating Advisors)
- "Man Up: Millennial Men and Equality", by Kunal Modi (Modi is a consultant at McKinsey & Company and a recent graduate of Harvard Kennedy School and Harvard Business School)
- "Leaning In Together", by Rachel Thomas (Thomas is the president of *Lean In*)
- "Own Who You Are", by Mellody Hobson (Hobson is the president of Ariel Investments)
- "Listen to Your Inner Voice", by Rachel Simmons (Simmons is cofounder of the Girls Leadership Institute)
- 12 *Lean In* stories (500-word essays), by people around the world who have been inspired by Sandberg

## Book Information

Audible Audio Edition

Listening Length: 9 hours and 33 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Random House Audio

Audible.com Release Date: April 8, 2014

Language: English

ASIN: B00IWX854A

Best Sellers Rank: #18 in [Books > Education & Teaching > Schools & Teaching > Counseling > Career Development](#) #20 in [Books > Business & Money > Job Hunting & Careers > Vocational Guidance](#) #33 in [Books > Audible Audiobooks > Nonfiction > Education](#)

## Customer Reviews

I wish I had this before I graduated college, and definitely before getting my first full time job after graduate school. While reading this, I felt a sense of validation as I witnessed challenges at one place of business that appeared connected to my gender and my race. My experiences elsewhere had been more positive, while I still felt uncomfortable as one of a few females, or one of a few black people. The inclusion of male and female anecdotes at the end is specially helpful. I think it's important that men are included in this discussion, which they are in this book, and as someone who is just beginning her career, and has experienced many twists and turns along the way, seeing the journey of others is refreshing and helps to put my circumstances into perspective. A friend recommended this to me, and I have been recommending this to other friends and acquaintances as well.

A must read for anyone, male or female, young or old. I wish I had read this book before graduating college, I been out of college for 8 years and i learned some of the lessons the hard way. There are a lot of lessons to learned and I appreciate the story about thinking that sexism was over by the time Sandberg herself started working. I realized in 2011, just as she describes realizing in the '90s, that sexism is still around even if its not a la Mad Men. I liked that she apologizes for Gen X dropping the ball on continuing to push and she lays out some great tools and the reasons to use them to keep advancing forward and pushing into positions of leadership.

This is a great book for anyone who is looking to make a change in their life, not just graduates. While I did read this book right around the time I completed my Masters degree, it definitely changed the way I approached work and my coworkers. To implement the book's "purpose" of leaning in, I did notice that I was CONSTANTLY seating myself at the edges of the room and I had never noticed that before. After a while, I said to myself, I have been at this job two years, I deserve to be at the table, and I did. Everyone was happy I joined and it was the simplest thing. Definitely a great read!

Reading this, I saw so much of myself in every word. I still have self-doubt, but I understand it more and how it affects my interactions with others and how it can ultimately impact my career.

This was phenomenal. It truly changed my life. This is the perfect gift for new grads. As a new grad myself, I found it funny, witty, and informative. I love that some of the chapters were written by other professionals. It gave a variety of experiences.

I really loved the book and I realize that one author cannot touch on every marginalized group of women but there isn't even a mention of women with disabilities. But then again society only allows us to get degrees for token purposes we aren't actually supposed to enter the workforce with them...I'm hoping to one day make it in the workforce so that I can write the book that so many people with disabilities need to read so that they can know it's actually possible for them to get to the table and once they get there to lean in like hell!

Lots of great personal anecdotes, very well researched. All her points were backed up with evidence and relevant statistics. Recommend even for people who have been working for a while!

This was a graduation gift for my youngest granddaughter who is graduating from Cal Poly San Luis Obispo. She has been reading it and is finding it very helpful.

[Download to continue reading...](#)

Lean In for Graduates Lean In for Graduates: With New Chapters by Experts, Including Find Your First Job, Negotiate Your Salary, and Own Who You Are Intermittent Fasting: Everything You Need to Know About Intermittent Fasting For Beginner to Expert ã ã Build Lean Muscle and Change Your Life (Lean Lifestyle, Lean Muscle, Lose Fat) Carb Cycling: Unleash Your Bodyã ãs Maximal Potential to Burn Fat and Build Lean Muscle Mass While Staying Lean (Including Recipes, Carb Cycling Diet, Ketogenic ... Muscle While Burning Fat, Healthy Body) Lean in 15: 15-Minute Meals and Workouts to Keep You Lean and Healthy Beyond Bigger Leaner Stronger: The Advanced Guide to Building Muscle, Staying Lean, and Getting Strong (The Build Muscle, Get Lean, and Stay Healthy Series) Beyond Bigger Leaner Stronger: The Advanced Guide to Building Muscle, Staying Lean, and Getting Strong (The Build Muscle, Get Lean, and Stay Healthy Series Book 4) Intermittent Fasting: How To Lose Weight, Burn Fat & Build Lean Muscle The Easy Way (Intermittent Fasting, Burn Fat, Build Lean Muscle, Lose Weight) Lean Six Sigma: A Beginner's Guide to Understanding and Practicing Lean Six Sigma Lean Six Sigma For Beginners,

A Quick-Start Beginner's Guide To Lean Six Sigma ! - Creating a Lean Culture: Tools to Sustain Lean Conversions, Third Edition Lean Enterprise: How High Performance Organizations Innovate at Scale (Lean (O'Reilly)) Lean QuickStart Guide: A Simplified Beginner's Guide To Lean Going Lean: How the Best Companies Apply Lean Manufacturing Principles Lean Safety: Transforming your Safety Culture with Lean Management Value Stream Management for the Lean Office: Eight Steps to Planning, Mapping, & Sustaining Lean Improvements in Administrative Areas Lean Six Sigma for Service : How to Use Lean Speed and Six Sigma Quality to Improve Services and Transactions The Lean Strategy: Using Lean to Create Competitive Advantage, Unleash Innovation, and Deliver Sustainable Growth (Business Books) Running Lean: Iterate from Plan A to a Plan That Works (Lean (O'Reilly)) Intermittent Fasting: 7 Beginner's Intermittent Fasting Methods for Women & Men - Weight loss and Build Lean Muscle Hacks (Intermittent Fasting, Fasting Methods, Build Lean Muscle Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)